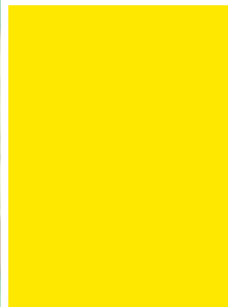




# GOOD APPLE GUIDE to MANNERS for KIDS

Ten-Minute Manners Lessons for Children Ages 4-7



INSTRUCTOR GUIDE

# TABLE OF CONTENTS

<b>“On Your Best Behaviour”</b> .....	<b>4-22</b>
Lesson 1: What are manners anyway?.....	4-5
Activities: Be a manners detective – Worksheet.....	6
I have good manners chart – Worksheet .....	7
Lesson 2: I can’t get any respect!.....	8-9
Activities: I can’t get any respect! – Worksheet .....	10
Lesson 3: What do you do when you meet someone new? .....	11-12
Activities: Making new friends/Introductions – Worksheet .....	13
Lesson 4: No spaghetti handshakes for me.....	14-15
Activities: What about handshakes? – Worksheet.....	16
Lesson 5: Smile and the world smiles with you .....	17-18
Activities: Smiles – Worksheet .....	19
Lesson 6: First impressions.....	20-21
Activities: What’s a first impression? – Worksheet .....	22
<b>“Uncommon Courtesies”</b> .....	<b>23-34</b>
Lesson 7: Proper greetings review .....	23-24
Activities: Proper greetings – Worksheet .....	25
Lesson 8: I respect myself.....	26-27
Activities: I respect myself – Worksheet .....	28
Lesson 9: Being clothes-minded.....	29-30
Activities: Clothes-minded – Worksheet .....	31
Lesson 10: Posture.....	32-33
Activities: Posture – Worksheet .....	34
<b>“Eat, Drink and Be Wary”</b> .....	<b>35-54</b>
Lesson 11: Beware the table monsters .....	35-36
Activities: Meet the table monsters – Worksheet.....	37
Lesson 12: Table setting practice.....	38-39
Activities: Table setting – Worksheet 1.....	40
Table setting cutouts – Worksheet 2.....	41
Lesson 13: Tools of the trade .....	42-43
Activities: Table setting – Worksheet.....	44
Lesson 14: Helping at Mealtime .....	45-46
Activities: Helping at home, take home – Worksheet .....	47
Lesson 15: Basic table manners .....	48-49
Activities: Table manners – Worksheet .....	50
Lesson 16: Top 10 dining mistakes .....	51
Activities: Top 10 mistakes – Quiz .....	52

<b>“Family Life, Strife and Social Rules” .....</b>	<b>53-78</b>
Lesson 17: Rules weren’t made to be broken .....	53-54
Activities: Rules – Worksheet.....	55
Lesson 18: Showing kindness to others.....	56-57
Activities: Showing kindness – Worksheet.....	58
Lesson 19: Social behaviour in special places.....	59-60
Activities: Social behaviour for special places – Worksheet.....	61
Lesson 20: What does polite look like?.....	62-63
Activities: Show what you would do – Worksheet .....	64
Lesson 21: How do you talk to a phone?.....	65-66
Activities: Telephone practice – Worksheet .....	67
Lesson 22: Whispering hurts my feelings!.....	68-69
Activities: Keep it positive – Workshee .....	70
Lesson 23: Manners at School.....	71-72
Activities: Reward Chart.....	73
Lesson 24: Polite words to remember.....	74
Activities: Polite words – Worksheet.....	75
Lesson 25: Hey, she has purple hair.....	76-77
Activities: Scrambled words – Worksheet.....	78
<b>“Let’s Party” .....</b>	<b>79-94</b>
Lesson 26: RSVP- ABCs .....	79-80
Activities: I’m invited now what – Worksheet.....	81
Lesson 27: Party Etiquette .....	82-83
Activities: Party etiquette Tipsheet .....	84
Party etiquette bingo – Worksheet.....	85
Lesson 28: The hostess with the mostest.....	87
Activities: Word Search – Worksheet .....	88
Lesson 29: Thank you and appreciation .....	89-90
Activities: Appreciation – Worksheet.....	91
Lesson 30: The best sleepover.....	92-93
Activities: Sleepover – Tipsheet .....	94
<b>I’m an Etiquette Expert – Quiz.....</b>	<b>95</b>
<b>Certificate of Completion .....</b>	<b>96</b>
<b>Etiquette Tips for Children – By Louise Fox Protocol Solutions.....</b>	<b>97-127</b>